

## Practical Points.

**Dry Towels.** What nurse has not found a difficulty when washing a patient all over of preventing the towels from having a clammy feeling before the washing is completed? I have found it an excellent plan when washing or sponging at a time of year that does not call for a fire in the bedroom, to carry up with me the fish-kettle full of boiling water. This I place on a newspaper near the bed, where it serves the double purpose of furnishing an ample supply of very hot water, and enabling one, by using two towels, to always have a not only dry, but hot, one to apply to the patient. After the evening washing, if too late to hang the towels and washing-blanket out of doors, they can be left all night on the fish-kettle, and will be found quite dry in the morning. Moreover, it is surprising how long the water keeps warm, and can be used, if required for any purpose during the early part of the night.—E. C. E.

### A Dry Regimen in the Gastro-enteritis of Infants.

At a recent meeting of the Medical Society of Paris, M. Galois maintained that the part played by infection in the gastro-enteritis of infancy has been exaggerated. He considers that dyspepsia is the prime cause, and that if infection supervenes it is secondary to this condition and to over-feeding. He accordingly does not direct his treatment to disinfecting the alimentary canal, but reduces the amount of food and employs a dry regimen. He says that in children it will often cure the disease in 24 hours, his rule being to give every two hours a spoonful of a cream composed of the following mixture: a dessert-spoonful of a kind of Swiss cheese and a table-spoonful of sweetened milk.

### The Temperature of Nurslings.

Drs. Nobecourt and Merklen (*Rev. Mens des Mal de L'Enf.*) have studied a series of cases to determine the normal temperature curve in nurslings. They find that the infant does not present the line of variation commonly seen in the adult, even in health. The infant has a monothermal temperature, with little variation in the morning and evening. This monothermal temperature is constantly found in normal infants at least up to the fifth month in life. Interference with this regular line betokens always a pathological condition.

### For the Tired Ones.

A new Alpine hotel is advertised as the ideal resort for those who want a complete rest cure. All the plates, dishes, cups, and saucers are made of papier mâché, so that guests will be spared the clatter of a restaurant, and as the material is so light guests will suffer the least possible fatigue in lifting the cups to their lips.

## Appointments.

### MATRONS.

**Epileptic Homes, Lingfield, Surrey.**—Miss Ethel Willcocks has been appointed Matron. She was trained at the Royal Infirmary, Liverpool, and has since held the positions of Sister, Night Superintendent, and Assistant Matron at the Stanley Hospital, Liverpool.

**Holborn Infirmary, Highgate, London.**—Miss L. A. Houston has been appointed Matron. She was trained at the Children's Hospital, Newcastle-on-Tyne, and at the Westminster Hospital, London. She has gained experience as a Sister at the West Ham Infirmary, Matron of Ebbw Vale Accident Hospital, and as Assistant Matron of Shoreditch Infirmary, London, Miss Houston is a certified midwife.

### ASSISTANT MATRON.

**Maternity Hospital, Birmingham.**—Miss M. V. Lindall has been appointed Assistant Matron. She was trained at St. Thomas's Hospital, and Queen Charlotte's Hospital, London, and has also been Sister at the Royal Hospital for Children and Women, Waterloo Bridge Road, Night Superintendent and Sister at Queen Charlotte's Hospital, London. Miss Lindall is a certified midwife.

### HOME SISTER.

**Manchester Children's Hospital, endlebury.**—Miss Jean Giffin has been appointed Home Sister. She was trained at the Royal Hospital for Sick Children, Edinburgh, and at the Norfolk and Norwich Hospital. Miss Giffin has had a very varied experience, having held the positions of Sister at Norfolk and Norwich Hospital, Theatre Sister at the General Hospital, Swansea, Night Superintendent at the Darlington Fever Hospital, and Sister at the Manchester Children's Hospital, Pendlebury.

### NIGHT SISTER.

**Bagthorpe Infirmary, Nottingham.**—Miss Elizabeth Ann Gilbert has been appointed Night Sister. She was trained and was Staff Nurse at the Holborn Infirmary, London, was Staff Nurse at the County Hospital, Newport, and private nursing from 1901 to 1905, was Ward Sister at the North Evington Infirmary, Leicester, for two years, and recently Superintendent Nurse at the Wallingford Infirmary.

### SISTERS.

**City Hospital, Fazakerley, Liverpool.**—Miss Ethel Bentley has been appointed Sister. She was trained at the Salford Union Infirmary, where she was promoted to be Sister. She has also been Sister at Heswall Sanatorium, and Charge Nurse at Birkenhead Fever Hospital.

**Hope Hospital, Salford, Manchester.**—Miss Margaret Wilson has been appointed Sister. She was trained at Woodilee Asylum, Lenzie, Glasgow, and at St. Giles' Infirmary, Camberwell, where she was Staff Nurse. She has also had extensive experience in mental nursing as Sister at Ardoch House, Nurse in Charge of Mental Wards at Whitechapel Infirmary, London, and in fever work as Charge Nurse at the Brook Hospital, Woolwich. Miss M.

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